The techniques themselves -- forced nudity, sleep deprivation, painful shackling -- had been used for years to prepare U.S. fighter pilots for possible capture by an enemy. But Col. Steven Kleinman, an Air Force instructor, said he was shocked in 2003 to see the same harsh methods used haphazardly on Iraqis in a U.S. prison camp.

"It had morphed into a form of punishment for those who wouldn't cooperate," said Kleinman, a career intelligence officer and survival-school instructor.

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